

# **Frederick County Child Health Partnership Minutes**

---

**Date:** March 27, 2008

**Location:** Frederick County Health Department, 350 Montevue Lane, Frederick, MD

**Attendees:** Dr. Douge, Tom Werner, Lana Tinney, Kathleen Emmerich, Amy Robinette, Dan Nallo, Helen Monk, Sandy Corridan, Debbi Rhoades

## **1- “Healthy County” Website Committee**

- Jackie presented latest on Healthy City Module & Opie/Tagline development. (see attachments)
- Membership offered feedback and suggestions.

## **2- FCCHP Web page Committee**

- The committee has not met yet. Meeting to be scheduled

## **3- Resource Guide Committee**

- Kathleen discussed her work on the resource guide. She is researching programs to be put in the guide. The guide will be based on the Diabetes Resource Guide. She has contacted Dr. Jim Lee, Healthy Weigh Program at FMH, and will be contacting others. For free resources Sandy suggested that she include the Frederick County Extension programs <http://frederick.umd.edu/> and the walking website for youth and adults [www.walkmaryland.umd.edu](http://www.walkmaryland.umd.edu) This site encourages you to walk by tracking the walk from Cumberland to Crisfield – walking across Maryland and back.

## **4- Agency/Individual Sharing**

- Tom discussed the announcement of Acting Surgeon General, Rear Admiral Steven K. Galson, MD, MPH, will be hosting a press conference roundtable to discuss his “Healthy Youth for a Healthy Future” Initiative on April 2<sup>nd</sup> in Baltimore.
- Sandy discussed Maryland Day on April 26<sup>th</sup>. For more information the link is <http://www.marylandday.umd.edu/>
- Dan shared that the YMCA will be celebrating Healthy Kids Day on May 17<sup>th</sup> from 12-4 pm. It is a free event.
- Sandy also shared that the upcoming Healthy Active Lifestyles conference will be June 3<sup>rd</sup> at Martins West. Save the date information can be found at <http://www.healthyactivemaryland.org/>
- Debbi Rhoades shared that she submitted First Class Food and Fitness campaign for poster presentation at the Society for Nutrition Education in Atlanta, Ga. It was accepted. She acknowledged Frederick County Public Schools, Extension Office and the Health Department for their contribution to the campaign. For father information the link is <http://www.sne.org/conference/index.html>

## **5- Open Discussion**

The issue of access to physical activity for those not involved in organized sports or for those without the financial resources to pay for sports programs was discussed. There appeared to be consensus about the importance of increased access to free or affordable physical activity. There are many challenges to obtaining this goal such as funding and amount of time available in school for physical education. Someone suggested discussing with Board of Education. This is an ongoing issue. Change is a process and we are working towards this change through our collaborative efforts. Increased access to physical activity will be a continued priority for the partnership to work towards

**Next Meeting: May 22, 2008 from 9:00-10:30 am at the MD Coop Extension Office, 330 Montevue Lane, Frederick, MD.**  
Subcommittees can use April 24 to meet if they would like